



QUESTIONS FOR DISCUSSION

Who came to your mind during the message? Did you text them, or how did you reach out to them? Did you hear back?

Respond to this statement: *Our goal at Sunridge is not to line people up in rows, but to circle us up in groups.* How could you contribute to that happening for others? Have you ever thought about leading a group with someone else?

Consider each point & verses found in the outline and ask the following questions of the group:

1. How are you encouraged by this?
2. How does this challenge you personally?
3. In what ways do you disagree?

Read 2Cor 3:18. How have you changed during the Before & After series? What will you do to continue your transformation during 2016? Physical and spiritual transformation applies!



Leader's Guide

BEFORE & AFTER: Team

Before & After is a series about change: How change occurs (or why it doesn't). How lasting change happens. How real change occurs, not just the impression of change. Paul writes, *And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit. (2Cor 3:18)*

Change requires fuel, sweat, stretching, rest and it's always better if you have a team to keep you motivated.

Before & After draws on our understanding of physical change in order to take a fresh look at spiritual transformation. A sermon series like Before & After lends itself to lots of opportunities to make some new physical and spiritual health habits – and to have fun as a church doing so. Make sure you join in on the fun activities and events that are scheduled!

OUTLINE & SCRIPTURES

Christianity is a team sport.

Acts 2:42; 2Cor 3:18

Our goal at Sunridge is not to line people up in rows, but to circle up in groups.

Even extraordinary individual achievement is empty without meaningful people in your life.

Ecc 4:8; 2Cor 3:13

Transformation is better together:

1. Because we is better than me

Ecc 4:9; Pr 27:6, 17

2. Because everybody falls down but nobody should fall down alone

Ecc 4:10-11; Acts 4:36-37; 9:27; 11:22-23; Heb 10:25

3. Because all of us are stronger together

Ecc 4:12

Like Barnabas, we are called to help others be great.

Acts 4:36-37; 9:27; 11:22-23

