

Nice to know:

Early Christians _____
in their _____ services.
(Eph 5:19; Col 3:16)

There are times in life when it feels like you
_____.

I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD. (Psalm 40:1-3)

- When _____ goes down, allow _____ to go up.
- Intentionally trusting God will change your _____, or your _____.

Helpful hints to raise trust above uncertainty:

- 1) Don't go off the _____. v4
- 2) Recall God's _____. v5
- 3) Allow God to _____ .v6-7
- 4) Tell your _____ to anyone who will listen. v9-10
- 5) _____ with trust tomorrow. v11-17

TALK IT OVER

Talking through the message during the week can really help clarify the things that God is teaching you and let others learn from your experiences. Get with someone this week and talk about your answers to the following questions:

What is God teaching you from reading Psalms?

What are you learning about yourself from Psalms?

What questions is Psalms bringing up for you?

What things do you feel are getting in the way from what God wants to do in you?

What is the biggest thing causing you concern these days?

AUGUST 5, 2018

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Nice to know:

Early Christians SANG PSALMS
in their WORSHIP services.
(Eph 5:19; Col 3:16)

**There are times in life when it feels like you
CAN'T GET YOUR FOOTING.**

I waited patiently for the LORD; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the LORD. (Psalm 40:1-3)

- When CERTAINTY goes down, allow TRUST to go up.
- Intentionally trusting God will change your SITUATION, or your PERSPECTIVE.

Helpful hints to raise trust above uncertainty:

- 1) Don't go off the RAILS. v4
- 2) Recall God's FAITHFULNESS. v5
- 3) Allow God to SHAPE YOUR CHARACTER. v6-7
- 4) Tell your UNFILTERED STORY to anyone who will listen. v9-10
- 5) FOLLOW THROUGH with trust tomorrow. v11-17

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