

MAY 26, 2019

HOLDING ON¹

I command you to love each other in the same way that I love you.
(John 15:12, NLT)

***Loving tenaciously assumes that we have
_____ to make and _____
_____ in front of us.***

Matt. 5-7; Gal. 5:13-26; 1 Cor. 13; 2 Tim. 1:3-7

Choosing to hold on means that we are
determined to _____:

1. _____. Phil. 2:1-16; Matt. 5:21-26
2. _____ of _____. 2 Pet. 1:3-9;
Gal. 6:7-10; Rom. 5:1-3; Ja. 1:2-4; Heb. 12:7-13
3. _____. Rom. 12:9-21; Col. 1:29; 1 Thess. 5:14-24; 1 Pet. 1:3-9
4. The _____. Matt. 6:14-15; Eph. 4:25-32; Heb. 12:14-15
5. _____ from Christ. Col. 3:1-17;
John 15:1-12; 2 Tim. 1:8-14

***I have more capacity to hold on because I
will not be _____.***

1 Peter 5:6-11; John 21:15-19; Phil. 1:3-6

TALK IT OVER

Talking through the message during the week can really help clarify the things that God is teaching you and let others learn from your experiences. Get with someone this week and talk about your answers to the following questions:

What thought stood out most in the message to you?

You were challenged last week to memorize John 15:12 and recite it every morning before you start your day. If you've done so, share with the group the ways having Jesus' words on your mind throughout the day is changing you.

In reflection on Jesus' love for his disciples after their denial of him, how can that set the tone for "holding on" with tenacious love in your own relationships?

There was a disclaimer given at the front of the message about appropriate times in a relationship to let go. What are some examples for you?

What are some examples from your own life where it would be easier to let go, but you are attempting to hold on?

Discuss the five elements that we must be determined to let go of. Which do you struggle the most with and why?

Discuss what you can hold on to in place of pride, expectations of immediacy, apathy, the past, or trying apart from Christ.

¹ Disclaimer: There are many relationships or situations where it is appropriate to let go and perhaps even detrimental to hold on. For church counseling inquiries, contact Marla at mpitzek@sunridgechurch.org

MAY 26, 2019

HOLDING ON²

I command you to love each other in the same way that I love you.
(John 15:12, NLT)

**Loving tenaciously assumes that we have
DIFFICULT CHOICES to make and HARD
WORK in front of us.**

Matt. 5-7; Gal. 5:13-26; 1 Cor. 13; 2 Tim. 1:3-7

Choosing to hold on means that we are
determined to LET GO OF:

1. PRIDE. Phil. 2:1-16; Matt. 5:21-26
2. EXPECTATIONS of IMMEDIACY. 2 Pet. 1:3-9; Gal. 6:7-10; Rom. 5:1-3; Ja. 1:2-4; Heb. 12:7-13
3. APATHY. Rom. 12:9-21; Col. 1:29; 1 Thess. 5:14-24; 1 Pet. 1:3-9
4. The PAST. Matt. 6:14-15; Eph. 4:25-32; Heb. 12:14-15
5. TRYING APART from Christ. Col. 3:1-17; John 15:1-12; 2 Tim. 1:8-14

***I have more capacity to hold on because I
will not be LET GO.***

1 Peter 5:6-11; John 21:15-19; Phil. 1:3-6

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