

JUNE 21st, 2020

LEARNING TO LIVE GRATEFULLY ONE DAY AT A TIME
Exodus 16

In the desert the whole community grumbled against Moses and Aaron.
(Exodus 16:2, NIV)

Different Kinds Of Complaining:

_____ : Complaining is a constant and always focused on what isn't good or pleasurable in life.

_____ : Complaining that is only seeking validation of negative emotions, but not looking for solutions.

_____ : "Good" complaining that focuses on the problem and seeks solutions.

***In the wilderness we learn to _____,
one day at a time:***

Living gratefully, one day at a time requires we _____ from God, _____. Ex 16:18-19; 2Cor 1:8; 12:9

Living gratefully one day at a time requires that we _____ to God.
Ex 16:35; Matt 6:11; Gal 5:22; Phil 4:8

Living gratefully one day at a time leads to the _____ we're _____.
Ex 16:23-30; Deut 8:3; Mark 2:27

I am the bread of life. Your forefathers ate the manna in the desert, yet they died. But here is the bread that comes down from heaven, which a man may eat and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. (John 6:48-51, NIV)

TALK IT OVER

Talking through the message during the week can really help clarify the things that God is teaching you and let others learn from your experiences. Join a ***Sunridge Zoom Group*** so you can stay connected during this season of social distancing and to process your thoughts with others. We need each other!

What thought stood out most to you in the message?

What wilderness experience are you going through right now?

What tends to erode your gratefulness?

How would you explain to someone who isn't a Christian how the gospel affects gratefulness?

What is God teaching you about gratefulness these days?

What questions do you have about living gratefully?

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Exodus 16

In the desert the whole community grumbled against Moses and Aaron.
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Different Kinds Of Complaining:

CHRONIC: Complaining is a constant and always focused on what isn't good or pleasurable in life.

VENTING: Complaining that is only seeking validation of negative emotions, but not looking for solutions.

INSTRUMENTAL: "Good" complaining that focuses on the problem and seeks solutions.

***In the wilderness we learn to LIVE GRATEFULLY,
one day at a time:***

Living gratefully, one day at a time requires we
RECEIVE from God, **DAILY**. Ex 16:18-19; 2Cor 1:8; 12:9

Living gratefully one day at a time requires
that we **GIVE TODAY BACK** to God.

Ex 16:35; Matt 6:11; Gal 5:22; Phil 4:8

Living gratefully one day at a time leads to the
REST we're **LONGING FOR**.

Ex 16:23-30; Deut 8:3; Mark 2:27

I am the bread of life. Your forefathers ate the manna in the desert, yet they died. But here is the bread that comes down from heaven, which a man may eat and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. (John 6:48-51, NIV)

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